

# Small Group Discussion

Text: James 1:19-27

- 1) Create a list of expressions of anger that are external (i.e. yelling).  
Create a list of expressions of anger that are internal (i.e. resentment). In verse 20, James says that anger does not produce righteousness.  
In verse 21 instead of anger we are to receive what? How are we supposed to receive the word?
- 2) What is meekness and how does that compare to the lists created in question 1?
- 3) In verse 22 James says we deceive ourselves if we do what? In what area of your life are you a hearer only and not a doer? What are some self-deceptive lies we use to convince ourselves that everything is just fine?
- 4) How is the Bible described in vs 25? What do you think that means?
- 5) What is the characteristic of the person who the Bible blesses (vs. 25)
- 6) In verse 26, who has a faith that is worthless?
- 7) What does it mean to bridle our tongue?
- 8) In verse 27 the opposite of a worthless religion is described. What things characterize a person who has a pure religion? In what ways are you living out this verse?